

# EXTRA CURRICULAR TIMETABLE



Autumn	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast club</b>		<i>Multi-Sports Sports Hall (GD)</i>		<i>Multi-Sports Sports Hall (GD)</i>	
<b>Mentor</b>		<b>LRC</b>		<b>LRC</b>	
<b>Break 1a Year 7&amp;8</b>	<i>Football &amp; Rugby skills Astro Turf</i>	<i>Football &amp; Rugby skills Astro Turf</i>	<i>Football &amp; Rugby skills Astro Turf</i>	<i>Football &amp; Rugby skills Astro Turf</i>	<i>Football &amp; Rugby skills Astro Turf</i>
<b>Break 1b Year 9,10,11</b>	<i>Football &amp; Rugby skills Astro Turf</i>	<i>Football &amp; Rugby skills Astro Turf</i>	<i>Football &amp; Rugby skills Astro Turf</i>	<i>Football &amp; Rugby skills Astro Turf</i>	<i>Football &amp; Rugby skills Astro Turf</i>
<b>Break 2a Year 7&amp;8</b>	<i>Football &amp; Rugby skills Astro Turf</i>	<i>Football &amp; Rugby skills Astro Turf</i>	<i>Football &amp; Rugby skills Astro Turf</i>	<i>Football &amp; Rugby skills Astro Turf</i>	<b>ENRICHMENT</b> All years Meet in the hall at 1.45pm to register
<b>After school Clubs</b> 3.15-4.15pm	<i>Football/Pêl droed Y7&amp;8 Hockey/Hoci y7&amp;8</i>  <i>Rugby/ Rygbi y9-6th Netball/Pêl-Rwyd y9-6th</i>  <b>All P.E. Staff</b>	<i>Rugby/Rygbi y7&amp;8 Netball/Pêl-Rwyd y7&amp;8</i>  <i>Football/Pêl droed y9-16th Hockey/Hoci y9-16th</i>  <b>All P.E. Staff</b>  <i>Surfing &amp; Paddleboard Surfio &amp; Padlfwrdd Outer Reef Surf School (PLEASE COME TO P.E. FOR A LETTER)</i>	<i>Basketball/Pêl-Faged</i> All years <b>School Gym (CM)</b>  <i>Gymnastics &amp; Cheerleading Gymnasteg a Codi Hwyl</i> All years <b>Sports Hall (GD)</b>	<i>Girls Rugby/Rygbi'r Merched</i> All years <b>Top Field (RF)</b>  <i>Badminton</i> All years <b>Sports Hall (CB)</b>  <i>Rollerblading/Llafnrolio</i> All years <b>Sports Hall (GD)</b>	<i>Street Dance KW Football CM Tennis / Squash CB Parkour MN Swim/Gym (LC)*</i> <b>*For swim/gym please contact the Leisure Centre and book directly prior to the Friday session</b> <a href="tel:01437776660">01437 776660</a>

## Monday - Thursday

Breakfast club  
8.15-8.45

Break 1a 11.15-11.45

Break 1b 12.15-12.45

Break 2a 1.45-2.15

Break 2b 2.45-3.15

## Friday Only

Break 1a 11-11.30

Break 1b 12-12.30

Enrichment: 2.00-3.00pm