Sport Pembrokeshire Chwaraeon Sir Benfro

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Summer term	Monday	Tuesday	Wednesday	Thursday	Friday	4SGOL HARRI TUDUA
Breakfast club		Badminton/Basketball Sports Hall (GD)		Badminton/Basketball Sports Hall (GD)		
Mentor		LRC		LRC		
Break 1a Year 7&8	Football & Rugby skills Astro Turf	Football & Rugby skills Astro Turf	Football & Rugby skills Astro Turf	<i>Football & Rugby skills</i> Astro Turf	Football & Rugby skills Astro Turf	Monday-Thursday Breakfast club 8.15-8.45 Break 1a 11.15-11.45 Break 1b 12.15-12.45
Break 1b Year 9,10,11	Football & Rugby skills Astro Turf	<i>Football & Rugby skills</i> Astro Turf	Football & Rugby skills Astro Turf	<i>Football & Rugby skills</i> Astro Turf	Football & Rugby skills Astro Turf	
Break 2a Year 7&8	Football & Rugby Astro Turf	Football & Rugby Astro Turf	Football & Rugby Astro Turf	Football & Rugby Astro Turf	ENRICHMENT All years Meet in the hall at 1.50pm to register	<u>Break 2a</u> 1.45-2.15 <u>Break 2b</u> 2.45-3.15
After school Clubs 3.15-4.15pm	Athletics KS3	Athletics KS4 Surfing* Outer Reef *Surfing additional cost	Boxing School Gym Basketball School	Girls rugby All years Top Field Badminton All years Sports Hall	Street Dance (KW) Football (CM) Tennis / Squash (CB) Parkour (MN) Swim/Gym (LC)* *For swim/gym please contact the Leisure Centre and book directly prior to the Friday session 01437 776660	<u>Friday Only</u> <u>Break 1a</u> 11-11.30 <u>Break 1b</u> 12-12.30 Enrichment: 2.00-3.15