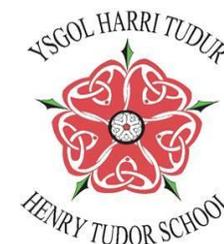




October HT	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast club <i>Basketball, badminton, table tennis, dodgeball</i>		Badminton (7&8) School Gym (GD)		Badminton (9,10,11) School Gym (GD)	
Mentor		LRC		LRC	
Break 1a Year 7&8	Football & Rugby skills Astro Turf	Football & Rugby skills Astro Turf	Football & Rugby skills Astro Turf	Football & Rugby skills Astro Turf	Football & Rugby skills Astro Turf
Break 1b Year 9,10,11	Football & Rugby skills Astro Turf	Football & Rugby skills Astro Turf	Football & Rugby skills Astro Turf	Football & Rugby skills Astro Turf	Football & Rugby skills Astro Turf
Break 2a Year 7&8	Football Astro Turf	Football Astro Turf	Football Astro Turf	Football Astro Turf	ENRICHMENT All years Meet in the hall at 2pm
After school Clubs 3.15-4.15pm	Football Rugby Netball (7&8) Hockey (9,10,11) All P.E. Staff	Hockey (7&8) Football Rugby Netball (9,10,11) All P.E. Staff	Boxing (7&8) School Gym (CM) Gymnastics All Years School Gym (GD) Hockey Dyfed Team (9,10,11) (SD)	Girls rugby All years Top Field (RF) Badminton All years School Gym (GD)	Street Dance (KW) Football (CM) Tennis / Squash (CB) Parkour Swim/Gym (LC)* *For swim/gym please contact the Leisure Centre and book directly prior to the Friday session 01437 776660
4-4.30pm		Staff fitness club School gym (GD)			



Monday-Thursday

Breakfast club 8.15-8.45

Break 1a 11.15-11.45

Break 1b 12.15-12.45

Break 2a 1.45-2.15

Break 2b 2.45-3.15

Friday Only

Break 1a 11-11.30

Break 1b 12-12.30

Enrichment: 2.00-3.00pm