

TUDOR TIMES

Latest News and Updates from Ysgol Harri Tudur / Henry Tudor School

t places and worlds
you would never
otherwise know.
I learn that everyone
else out there is
a me as well."
Neil Gaiman

culture or gender or ability than our own, we learn the skill of perspective-taking, and understand how our lives are all interconnected."

Elly Neville Pupil of the Ye 23/24

Elly Neville B.E.M. Year 9 was awarded the Pupil of the Year Award 23023/24 in recognition of the award of British Empire Medal in the New Years Honours list. Elly received the medal for her work to raise money for cancer patients and services in Pembrokeshire. Starting when she was just five and a half Elly has gone on to raise £210,000 for improvements to the cancer services at Withybush hospital and a further £16,500 for children's services.

Elly also received our school colours tie.

What an amazing young lady and well-deserved recipient of the Pupil of the Year award.

Breakfast Club



Refectory 08:30 - 08:45 am Every Morning for Everyone Toast/Jam/marmalade

FREE

School has commenced a Breakfast Club (toast and spreads) go to our Community News page to learn more about it.

Thank you to all the parents/ guardians who attended the Exam Concession presentation on 1st February- Mrs A Andrews

Faculty News

Language Literacy and Communication



Eisteddfod YHT 2024

On Friday 1st March we held the annual school Eisteddfod. We held 3 one hour slots for Years 7-9 where they had the chance to compete in a variety of fun competitions such as a balloon pop relay, eating donuts that were suspended by string, building a pyramid of plastic cups by using an elastic band and string and more.

Behind the scenes learners had been competing in the many home competitions that had been set by all faculties. We have seen some beautiful entries from lots of learners.

A huge da iawn and diolch to all learners who completed a home competition or took part on the stage during the day.

The Welsh department would also like to thank all learners for fantastic behaviour during the day, and to all staff who assisted in the smooth running of Eisteddfod.

Overall results of the day below.



Science and Technology

#TECHOGNITION 8th March 2024

On Friday 8th March the Science department celebrated Techognition.

#TECHOGNITION is a national celebration of technical support staff, recognising the importance of their essential roles in school and college education.

The Science department is very lucky to have a wonderful Lead Technician, Ms. Tanya Dix and we are all very grateful for the work she does to ensure that learners are able to carry out a wide variety of practical activities in class! Thank you Ms. Dix!

Ysgol Harri Tudur / Henry Tudor School will be holding its very first Science fair in the main hall on Friday 8th May 2024.

Learners from all year groups are invited to take part in one of three possible categories:

Experimental / investigative project
Research project
"What can you do with this?"

Information has been shared with learners via their Google Classrooms, and all parents/guardians should have received information via email. Learners who wish to take part, must complete the entry form shared in their classroom by 22nd March 2024.

The prizes for the Science Fair are being sponsored by Valero and are

Overall winner - £100 Amazon voucher

Individual Year Group winners - £50 Amazon voucher.

Food and Nutrition









The year 9 Food and Nutrition Learners recently took part in the "Tasty Careers Challenge"

Learners had to work in groups to come up with an innovative idea for a dish to be served in a restaurant using local ingredients.

Thomas Ferrante from The Grove Hotel and Julie Freeman of Careers Wales judged 10 groups of learners.

The winners Ella Taylor and Holly Smith were chosen to lead a team into the semi final.

Holly, Ella, Oliver, Sasha and Ashton were then successfully got through the semi final stage and will now take part in the final at Parc Y Scarlets! We wish them good luck!

Construction



Yesterday, Hywel from Morgan Sindall came along to the Y10 Construction group to work with learners on their carpentry skills.

Hywel has a wealth of experience and his passion for carpentry really shone through to the learners. This was useful in helping them to understand real world scenarios and directions in which they can take their construction qualification.

The group were given a demonstration on how to build cutting blocks and set to work, under Hywel's expert guidance, on creating their own for use in the workshop.

The session was really successful and we are looking forward to welcoming Hywel back after Easter to continue some work with the group.



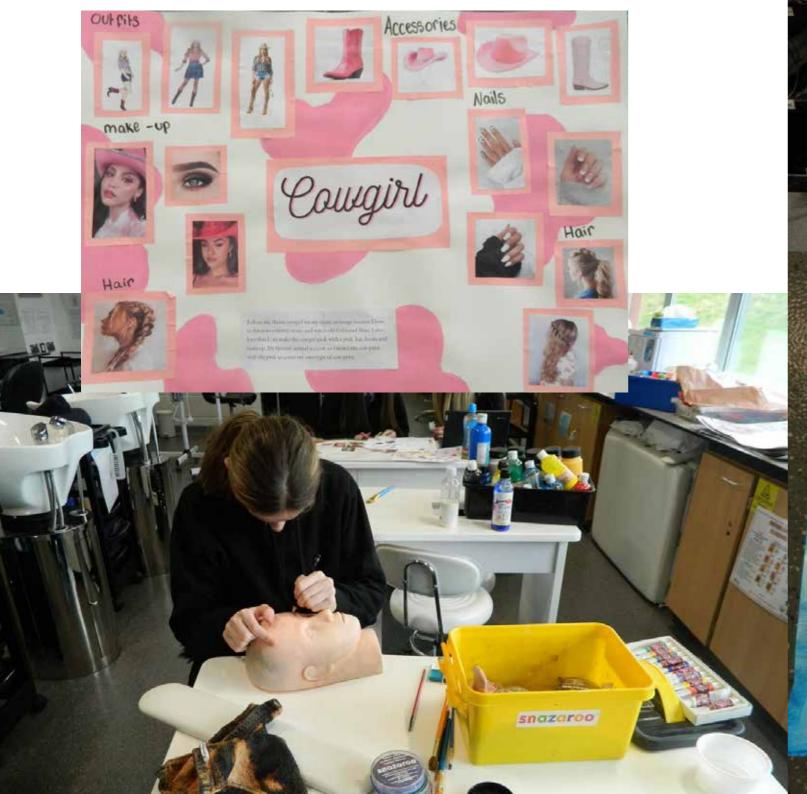




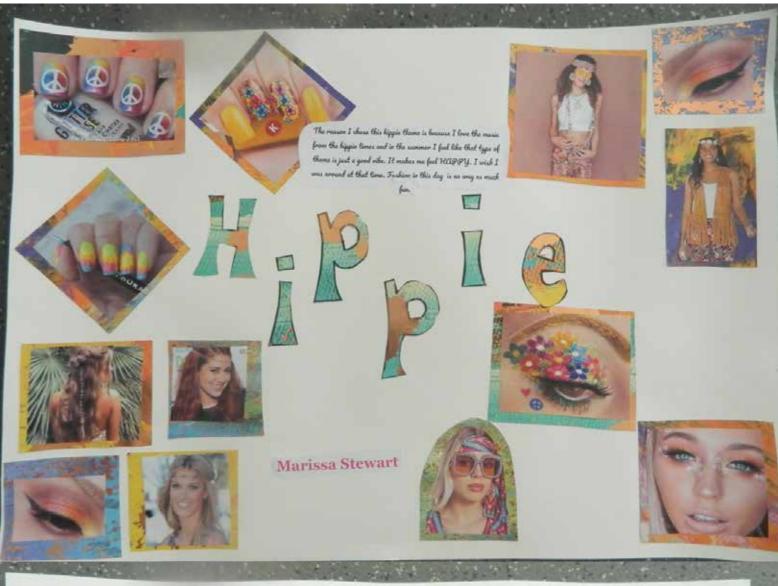
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Hair and Beauty

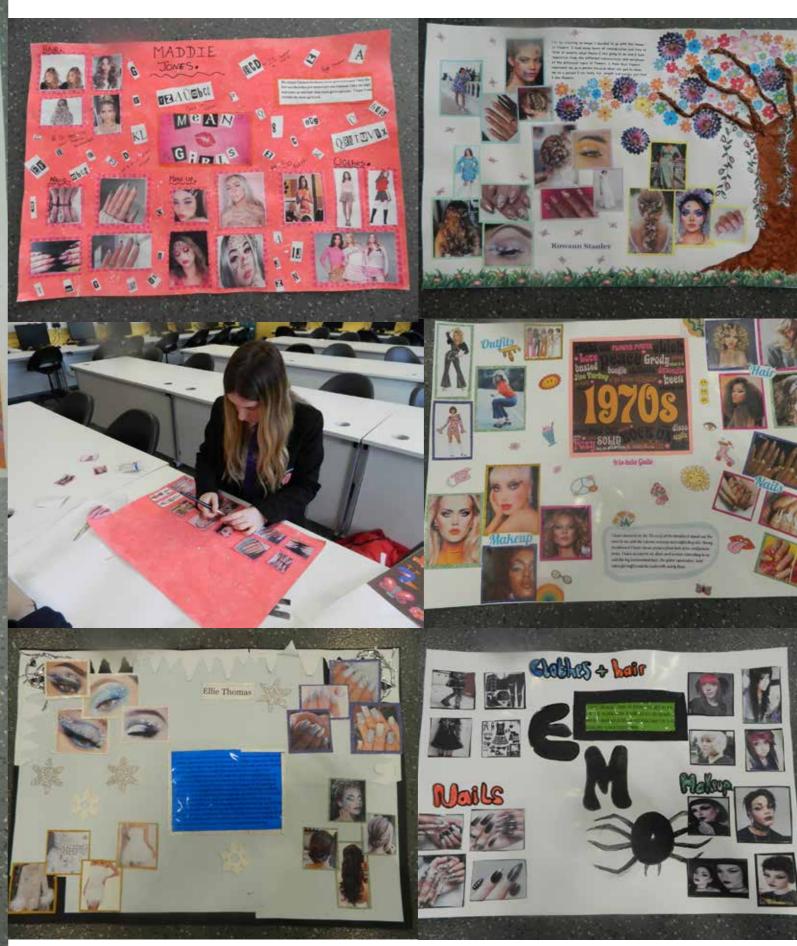
Year 11 are now on their final unit of Hair and Beauty. They have been busy creating and practicing for their 'create an image' assessment. Each learner is required to complete hair, make up, nails, costume and explain why they have chosen their theme by creating a mood board of their ideas.















MAT Talk The Talk

Expert trainers from Talk The Talk came into school on Tuesday 27 th February to work with MAT Year 10 students on their oracy.

The Talk About Communication workshop is an exciting and engaging master class developing speaking and listening skills within a creative learning environment. The workshop provides numerous speaking opportunities and students are coached and supported throughout the day to deliver a structured two minute presentation, on a topic for which they have a genuine passion, to their peers.

Talk The Talk's mission is to develop students' oracy skills and their communication confidence to support positive interaction in all life situations and improved social outcomes. Talk The Talk has trained over 115,000 students to be confident communicators across England and Wales since they began in 2013.

Students spent the day on the course and at the end of their successful day, were presented with a certificate and resources to use for future interviews and oracy exams. They were exceptionally well behaved and represented the school in a fantastic manner.



Sporting News

Athletics



On Saturday 13 January 2024, Luke competed in the West Wales Indoor Athletics Championships which was held in Swansea. This was his second race competing in U15 boys and came 1st in his heat with a PB of 8.49 and making it through to final. In the final he came 4th but gained another PB with a time of 8.36.

Congratulations and well done Luke on your fantastic achievement.

Badminton



Secondary schools' badminton tournament run by Sport Pembrokeshire YHT came 3rd which was amazing as they were playing pupils a year or two above.

Sports Ambassadors also assisted at the event and had previously attended a Badminton Activators course led by Badminton Wales in order to be able to assist and umpire the matches.

Sports Ambassadors were - Caitlin Chapman, Bethan Chapman & Cara Williams

Participants in their pairs were - Cory Zhang & William
Pugh / Osian Ridgeway & Kalel Engel / Beau Meaney
& Ebony Youngblut-Hopley / Anna May &
Sammie-Jo Dymond.



Lewis Crawford, Dan Barnikle & Ollie Davies assisted with a primary Boccia tournament last week. Their knowledge and enthusiasm of the sport was greatly appreciated and they highlighted their leadership skills well and represented YHT well.

All the pupils were great and Lewis and his LSA were absolute superstars and ran a court with about 18 games. The LSA was amazing and they couldn't have done it without her.

Their help was very much appreciated.



Lewis Crawford is going to the Welsh National
Championships on the 21st March which is in
Northern Ireland to play boccia. Congratulations and good luck

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Boxing

Taylor Lewis in year 9, attends a local boxing club in Pembroke Dock. (The learners do boxing with Chris who runs the boxing club every Wednesday in school 4th lesson). Recently, Taylor has started helping Chris out in the boxing club, assisting

Cricket

U15s Cricket Tournament

An exciting day for the U15 girls cricket with a reputation to uphold and carry forward. The girls tackled each game with teamwork, communication and a high skill set. There was some excellent bowling and batting had throughout the day with numerous 6s being scored by Summer, Anna, Bethan and Livvia, whilst Millie and Skye took a wicket each whilst bowling. The girls played their socks off throughout, but sadly the girls finished up second to Greenhill by 8 runs after drawing on games won and lost overall.

Da lawn girls, a fantastic day of cricket.

Cross Country

Dyfed Schools Cross Country Championships Tuesday 30 January 2024
Year 7 runners and results for the recent event held in Haverfordwest.
Zac Evans - 8th / Frankie Mcilwain- 9th / Keira Bruce- 8th / Sye Bruce- 3rd
Carys Kenniford- 9th / Lewis Wilton- 4th

All of these runners qualified to represent Dyfed at the Welsh Schools Cross Country Championships

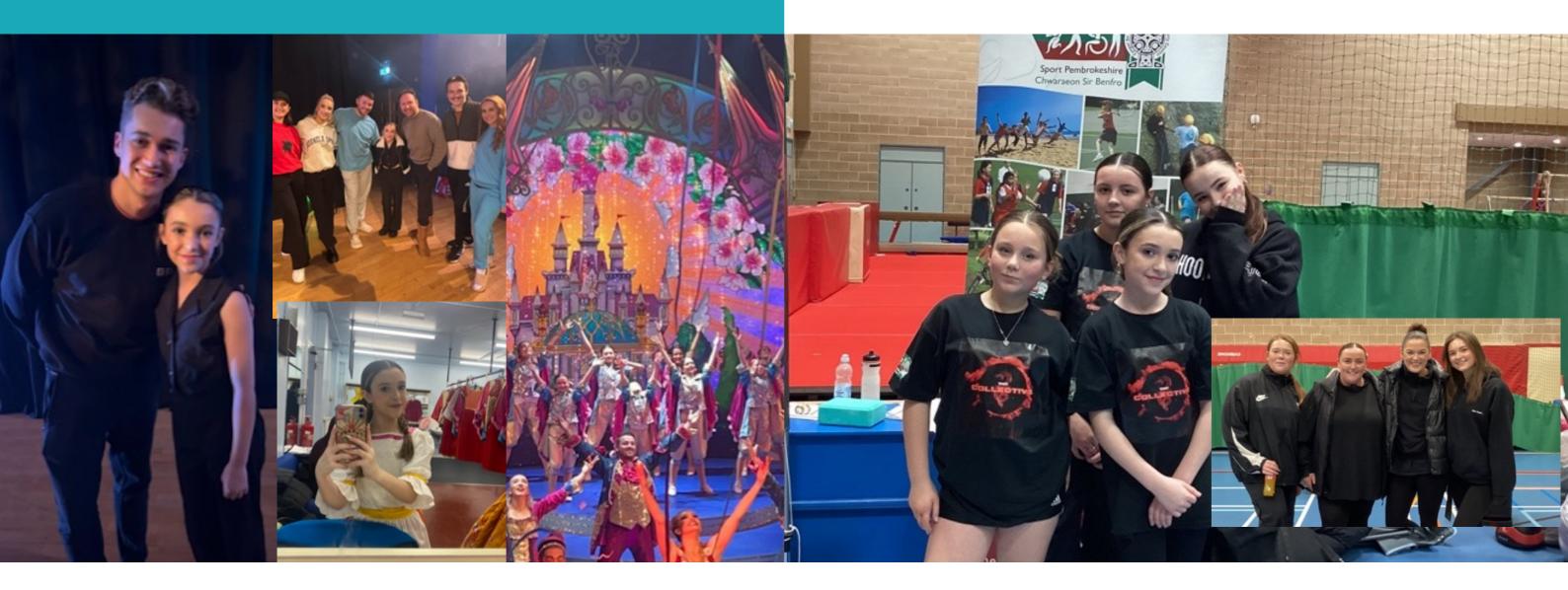
Dyfed Schools Cross Country

 $2 \times 9 \times 11 \times 10^{-2}$ x year 11 students, Lewis Wilton and Carys Kenniford, represented Dyfed Schools Cross Country in Brecon on the 28th February. Here both learners competed against individuals in year 11, 12 and 13 in the Senior age category. Both runners performed extremely well, with Lewis finishing within the top 16 out of 100+ competitors. Da Iawn both.



Dance

Pembrokeshire School Dance Competition



Scarlett was in the Cinderella Pantomine in Swansea as part of the Junior ensemble dancers.

We had the annual Pembrokeshire Schools Dance Competition 2024
YHT placed 2nd in the Team street category
2nd Street solo Grace
1st Street solo Megan
2nd All Style Lyrical Scarlette
3rd All Style Lyrical Grace

Dancers were; Bree Turnbull, Scarlette Quinn, Grace Glanville & Megan Garrett coached by Ex pupil Kelci Francis who also helped run the competition with local coaches Kelly Williams & Finola Findlay.

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Football



Dawson Davies has recently had Welsh Football trials in Newtown.

U13s and U15s Football Tournament

Both the U13s and U15 Girls competed in the county football festival this half term at Caer Ellen. The U13s were entered into a pool based tournament on a rather grown and muddy field. The girls played some lovely football and created some amazing opportunities to throughout the game, they were unfortunate to get a win under their belt in the pool. However, going into the play offs the girls, were able to remain positive and come away with a 2-0 victory to end the tournament on a high.

The U15s had a less muddy afair by playing on the 3G, the girls worked well together, with some great saves and strikes at both ends of the field. Tegan H securing a great goal for the girls seen them drawing with St.Davids however, with a late goal from the opposition they clenched the victory. Well done girls a great effort by all.

Hockey

Year 8 Hockey Tournament

A windy day out on the astroturf for the year 8 Hockey Tournament, the girls plates 7 aside across pitch in a pool round set up. The girls worked hard throughout the tournament, they listened well and took on board feedback throughout each game, which was displayed in the progress of their performance throughout. Although the girls didn't come out victorious this year, they certainly showed great teamwork, support and resilience throughout.

Netball

Year 7 Netball Tournaments



The final Pembrokeshire Schools netball tournaments took place this week. Hosted by Haverfordwest High, all the schools benefitted from the double Sports Hall - allowing two games to be played at the same time, this enabled a round robin tournament to take place. With 7 schools in attendance we had a lots of game time, which was great for us as we had a big squad of players. All our players played well in an array of combinations. Out of the six games we played we lost 2 (against HHVCS and Ysgol Preseli), we put in strong performances, winning against Caer Elen, Penrhyn Dewi, Milford and Greenhill. Finishing a very respectable 3rd overall. Ardderchog!

Squad: Indya Lyseight-Jones, Sienna Jones, Elsie Tucker, Daniella Watson, Ellie Griffiths, Alexa Lewis, Maia Davies, Edie Colley, Honey Brunton, Lexi Sutton, Grace Gray, Amelia Ridley.

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Year 7 Netball Tournaments



On the 17th Jan, our Year 7 and 9 Netball teams travelled to St Davids. It was the first away fixture for the Year 7 team, we took a big squad and rotated around positions. The girls showed quality and control in their play and came away with a convincing 20-0 win. Player of the Match - Indya (as chosen by the opposing team).



Year 9 also put in a strong performance, a dynamic centre court performance by Freya Cook and Masie James saw them nominated by Penrhyn Dewi as Players of the Match. The Year 9 team also came away with a win (7-3).



Year 9 Pembrokeshire Schools Netball Tournament

Hosted by Greenhill School, our Year 9 Netball team took part in the Pembrokeshire Schools Tournament. We were drawn in a tough pool with Caer Elen, Milford Haven and Haverfordwest High. We started proceedings against an strong HHVCS side, showing our experience with strong attacking play - winning convincingly 7-0. We then faced Caer Elen who had a couple of strong defensive players, our team kept their nerve and the game finished 7-3 (win). Our final game was against Milford, continuing the winning streak with a 13-0 victory. Going through to the semi-finals as group winners the girls put a confident display against Greenhill (Group B runners up), winning 8-2. We faced Bro Gwaun in the final, having to rest one of our more experienced players due to injury, Bro Gwaun shooters were on point, leaving us trailing, we kept efforts up until the final whistle but lost in the last few minutes 5-8. Congratulations to Bro Gwaun and 'Diolch' Greenhill for hosting.

Squad: Mariah Quinn, Skye Sutton, Masie James, Freya Cook, Tillie John, Lily Jones, Beau Meaney, Phoebe Davies, Leah Aries - Da iawn pawb!



iolch!

Thank you very much to The Friends of Ysgol Harri Tudur, who have very kindly sponsored a new set of netball dresses. We are really looking forward to wearing them for our remaining fixtures this year and next year.

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Freya was selected for the 'A' squad for the West Wales inter counties tournament played in 'The House of Sport' in Cardiff on the weekend 24th February.

Pancake Flipping!!



The Heads of House held a Pancake Flipathon for Year 7 and 8 pupils on Wednesday 21st February with pupils flipping the pancake as many times as possible in 30 seconds.

Year 7 winner was Tristan Williams with an amazing 44 flips

Year 8 winner was Louis Dodson with an incredible 45 flips.

Well done to the boys both winning for Upton House.







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Just after the New Year, the school ski trip headed out to Austria for a fantastic week on the slopes! All accompanying staff were so impressed with all the learners attitude and behaviour, they were a pleasure to spend then week with...even on the 27 hour bus journey!

We started the week with 2 days of heavy snow, followed by glorious sunshine on the mountain. Our group benefitted from 5 brilliant instructors that pushed the abilities of all, from the complete novice to the advanced skiers. By day 3 *ALL* learners were up the mountain enjoying the runs, an outstanding achievement, showing resilience and determination from everyone. Da iawn pawb.

Ski Awards

Ski Group Awards - Nominated by Instructors

Hennessy White (Mikkel) - Being a good friend

Alex Smith (Thomas) - Patient & helpful

Poppy Price (Casper)- Trying so hard and overcoming nerves

Emily Barry (Laura) - Kept going and skill level

Ellie Lewis (Martin) - Gets back up, every time.





Other awards - Nominated by teachers and instructors

Best on Piste - Toby Hounsell - Outstanding skill level

Big Friend - Cara Williams - Supportive and kind

Mr Happy - Lukas Kersey - Cheerful all week

Resilience - Cade Wicks, Corey and Cody Mitchell - Did not give up

Couple of the Trip - Ashlee Evans & Tegan Hart - Inseparable

Manners - Caden - Polite always

Natural - Rebecca Mason and Emily Hounsell - Made for skiing

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HEAD OF HOUSE MESSAGE

Shwmae, we've had a busy term over the last 10 weeks and I have to start by saying a massive llongyfarchiadau to all of Carew house who put in the immense effort to win the school Eisteddfod this term. I am a passionate Welsh lady and love this time of year, spring is on it's way and what better way to celebrate then remembering the patron Saint of Wales, some donut eating and welsh rugby shirts. Da jawn pawb with a special mention to Miss Thomas (Carew Mentor) and Mrs Beynon for preparing the days events.



8C1 HAVE RECIEVED - KEEP UP THE GOOD WORK!





BEAU TRAVELLED TO MANCHESTER THIS TERM IN THE 'YOUNG HANDLER' DIVISION COMPETING IN DOG SHOWING. BEAU AND HIS DOG WOLFIE ARE ON THEIR WAY TO CRUFFTS ON THE WEEKEND OF THE 9TH MARCH TO THE MOST POSITIVE HOPEFULLY BRING HOME SOME SILVER POINTS THIS MONTH WERE GOOD LUCK BEAU AND WOLFE



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MANORBIER NEWS

WE ARE ALL ONE ...



MEET OUR CARETAKER

Head of House Message

As we come to the end of our first term of Spring 2024, though it has been short it seems a lot has happened. Years 10, 11, 12 and 13 are well into exam preparation, The Eisteddfod was a huge success with some amazing entries from Manorbier learners, the pancake flipping competition was great fun with lots giving it their best shot.

We move into the second half of our spring term with healthy mindsets, full of ambition and positivity as there is a lot to look forward to.

Have a great Easter. Pasg Habus

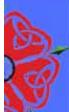


RICHARD LAUGHARNE



YOUNGER: POLICE OFFICER WHY DID YOU CHOOSE TO WORK IN THE SCHOOL: SCHOOL WERE VERY GOOD TO ME AND I WANTED TO REPAY THEM WHAT DO YOU LIKE BEST ABOUT YOUR JOB: BREAKFAST CLUB WHAT DON'T YOU LIKE ABOUT YOUR JOB: LITTER AROUND SCHOOL IF YOU COULD HAVE ONE WISH WHAT WOULD IT BE: KIDS TO BE HAPPY FAVOURITE SONG: PIANO MAN, BILLY JOEL FAVOURITE FOOD: CHINESE FAVOURITE FILM: LOCK STOCK AND TWO SMOKIN BARRELS FAVOURITE MOMENT OF ALL TIME: BIRTH OF CHILDREN

Louise Kitts lkitts@yht.wales



NARBERTH NEWS

Think BIG! Dream BIG!



MENTOR LEADERS - TERM 2

7N1 -

Hannah Harries

7N2 -

Alfie Sambrook-Gray

8N2 -

Caitlin Davies

9N1 -

Lily-Rose Davies Class

9N2 -

McKenna Williams **

10N1 -



Jasmine Vines

10N2 -

Oscar Edwards

11N1 -

Paige Starsmore

11N2 -

Nicola Harries



Mentor group

11n1

Describe yourself in three words

Committed, kind and trustworthy Best thing about being in Narberth house

Taking part in events with my friends Best house memory

Winning 'Best Supporting Actor' at the Houseplays - Tagaa for the help Mr K! Top tip for being successful at Harri Tudur Don't leave things until the last minute Always be honest with yourself and

your teachers, they can help!

MENTOR GROUP

MOST POSITIVES

11N1 -Ms E. Jones

Huge shout out to all who contributed and picked up house points at this half terms Eisteddfod. massive thank you to Miss Thomas and Mrs Beynon for organising the day. Further congratulations from me to all who picked up the rewards at our half term awards assembly. It was lovely reading the nominations from your Mentors - Keep up the good work!

Mr Pete Kingdom - GD07 - pkingdom@yht.wale:



UPTON NEWS

BE HERE, BE YOU, BELONG!



HEAD OF HOUSE MESSAGE

Spring Term Done! What a busy term, mock exams, moderations, final hand ins, auditions, pancacking flipping and multiple sports fixtures. It's safe to say it: been a crazy one. Thank-you to all of you for making this term the best it could be, Upton house keep fighting strong. Well done to those learners that have excelled in their field of expertise. Never give up on you, for you deserve every success!

UPTON HOUSE NEWS



Learners competed in the Eisteddfod this term with Upton house finishing second, a lot of fun was had during the hour.

Also the pancake flipping competiton went down a treat with Upton house coming out victorious!! Tristan W Y7 and Louis D Y8 brought it home for Upton!! Da lawn!!



Freya (Y9) has been successful in selction for the West Wales Netball Team. The trial process was very tedious as she fought off a lot of trailists to earn her place on the team, which is absolutely deserved.



Ashton, Toby and Oliver have recently taken part in the Tasty career challange Wales, where they have reached the finals with a potato, leak carrot and beef soup. They have preserved it so that they can present it for judging on Tuesday 19th March. The event is taking place in Swansea, where they will be looked after with a treat to a buffet meal and the opportunity to watch the Scareletts practice head of their weekly fixture. Pob Lwc!!

MISS S DAVIES - SDAVIES@YHT.WALES - THE PE DEPARTMENT

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PICTON NEWS



HOPE, WISDOM, COURAGE!

HEAD OF HOUSE MESSAGE

Pasg Hapus Pawb! Happy Easter Perhaps the quickest term ever...

It seems that the spring term has gone by in the blink of an eye, yet spring is still yet to be sprung if you venture outside!

I would urge our Year 11 Picton's to consider that perhaps the next term will fly by with even greater pace, with the Easter Break offering a chance both to rest and recharge, but also to begin a steady revision regime.

Our pupils have been given a wealth of materials by their teachers, both online (on the google classrooms) as well as in the form of their books, revision aids and the Year 11 revision timetable that's been given to pupils. It really is time to get a hold on this and to focus for a short while!

The summer term see's us looking to warmer weather and plenty to

Will Picton Remain victorious on the sports field?
Will our Peter Pan Musical make us feel forever young?

Will this rain ever stop?!

TOP HOUSE POINT ACHIEVERS FOR EACH YEAR GROUP.

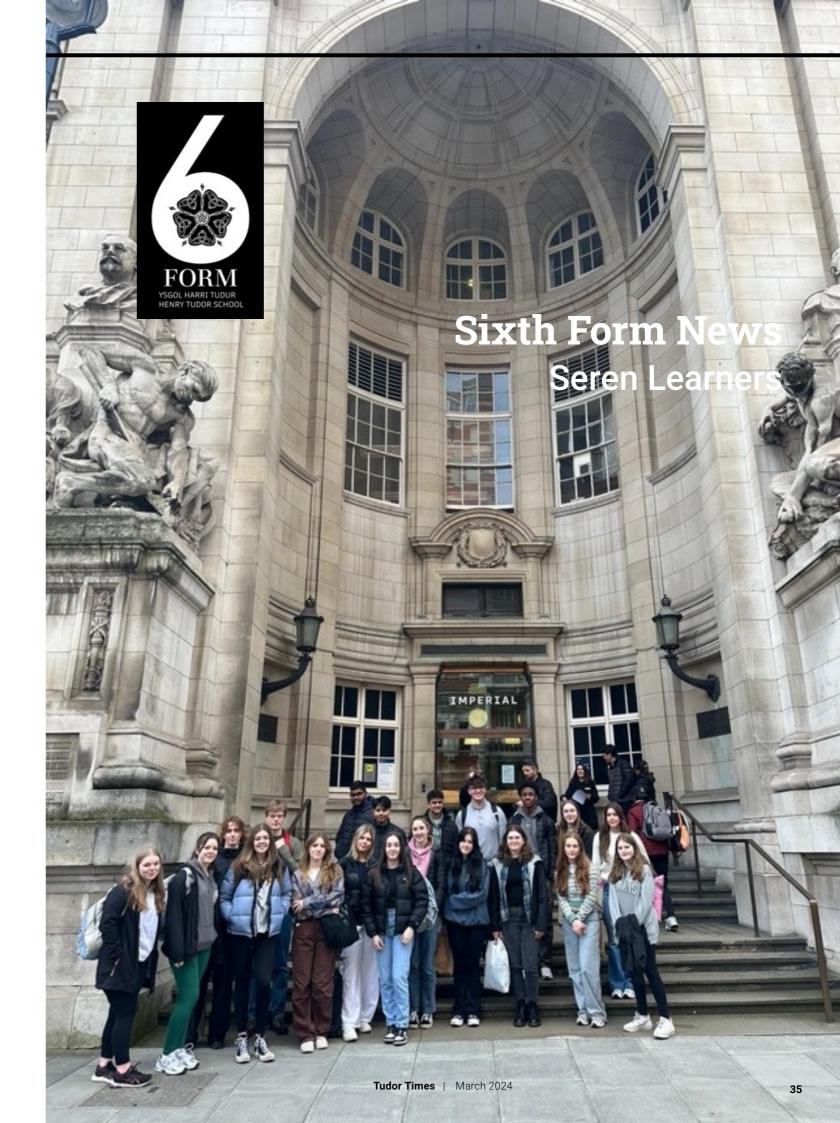
ALI SULUTAY RUBY COLLINS MATTHEW GRAY

LEON GILL-SMITH MAKENZIE BETTANY

THINK ABOUT...

EASTER QUOTE (FROM PETER PAN)
THE MOMENT YOU DOUBT WHETHER YOU CAN FLY, YOU CEASE FOREVER TO BE ABLE TO DO IT!

MR G BATCHELOR - GBATCHELOR@YHT.WALES - EXPRESSIVE ARTS

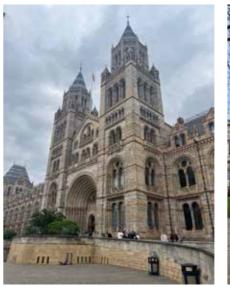














On the 5th and 6th of March, year 12 students took part in a national Seren trip to London. This was part of the London Links initiative which supports Welsh learners attending some of the top universities in London in which more than 170 students from across the country attended. On the trip, students had the choice of visiting either Imperial College London, The London School of Economics or University College London, all of which are ranked among the best universities in the country. They took part in tours around the universities as well as a number of lectures. The trip also included a number of enrichment activities for students to experience what London life is like. This included a trip to Camden Market and Chinatown as well as a visit to either The Natural History Museum, the Science Museum, the V&A Museum or the National Gallery. This trip is held annually and all year 12 Seren learners have the chance to apply for this fully funded trip.

UCAS Application Success

Congratulations to all our Year 13 learners that have applied to UCAS this year. Many received competitive offers promptly, we have learners holding offers from many Russell Group universities. Subjects applied for range from; Archelogy to Film Production. Learners are aspiring high, with applications to Medicine and offers held in Chemical Engineering, Accounting and Ancient History - to name a few. Special mention to our Principal Student, Charlotte Lewis, who has had offers to study Veterinary Science from all the universities that she applied to...an outstanding achievement, testament to the hard work she has put in to her studies and super-curricular activities. Good luck to those that are waiting for their last few offers to come back. Pictured; Dylan Freeman, Luke Allen, Ruby Tingle, Holly Callen and Charlotte Lewis.





Cambridge University - Summer School

Massive Congratulations to Keira Brown for being accepted to the National Seren Cambridge residential over the Easter break. We have been informed by Seren, that it was hugely competitive. We are very proud of her achievements with this, as she should be. Da jawn Keira

Monday

Mentor time

Lesson 1

Study period

Lesson 3

Lesson 4

Study period

Year assemblies happen once a

fortnight in The Sixth Form common roo



What is it like to study as a Sixth Form student in Ysgol Harri Tudur? Here is a insight into a typical day in Sixth Form.

Sixth Form community

As a student in Sixth Form there are multiple roles and activities you can get involved with. These include joining the Sixth Form prefects, school leadership team and school council where tudents take on responsibilities towards helping to support the chool, and give a voice to those around them. It's a great pportunity to enhance your skills, talk about in university pplications, as well as setting an example to those around you. Additionally as part of the Sixth Form community there are many social events throughout the year for example - bingo evenings, The winter ball and team building activities which sixth formers



The 4 Sixth Form spaces:

The study room The kitchen area







The school day This is a example timetable Sixth Form students follow consisting of both lessons and study periods as students normally study 3-4 subjects including Welsh Bac. These study periods are 1 used as time to complete homework, revision, work experience, volunteer work and additional learning towards subject areas, and can be spent in the 4 Sixth Form spaces available within the school.

> Throughout the day Sixth Form students have 2, thirty minute breaks, where they are encouraged to use within the Sixth Form common room, a social space accessible to the Sixth Form. The canteen and shop are available to use by Sixth Formers for food and students are not required to wait in the queue.

 Mentor time is attended by Sixth Formers at the beginning of the day, much like lower down the school it is used as time for school announcements, important information and a learning and organisational time via vespa activities - focused around vision, effort, and Sixth Form students are also required systems, practice and attitude. helping Sixth Form students to achieve





Opportunities, support and preparing for the future

Sixth Form helps to prepare students for the future, no matter what their career direction - university, apprenticeships or stepping into the world of work. Students can expect to receive the support needed hrough a-levels enhanced with field trips, guest speakers, visits to universities eg - Oxford and Swansea, career events and work experience opportunities, sixth form provides a connection to programs such as "step up to university" and summer schools as well as the Seren Network which allow students a chance to explore their options and gain experience towards their

To find out more visit :https://sites.google.com/yht.wales/sixthform/welcome



astic £341.21 was raised!

lone to all involved.



Family of Schools

Golden Grove



Our football teams have had great success in recent football tournaments.

The boys' team won the Pembrokeshire Swansea City Festival which put them through to the next round to play against schools from across the Swansea City region at the Landore Academy Centre. The boys narrowly lost in the semi-final, and the girls' team also lost in their semi-final in a penalty shootout. Both teams are also though the the Urdd Sir Benfro Finals.



Leading up to St. David's Day, we had a fantastic 'Welshness Week' with children getting involved in all sorts of Welsh activities, including a school Twmpath and Eisteddfod, something the children thoroughly enjoyed. We had lots of entries in our Eisteddfod competitions and children can be really proud of their efforts throughout the week.



Family of Schools

Lamphey Primary School Spring Term 2023



It has been another busy term at our wonderful school. I hope you enjoy reading this newsletter about what we have been getting up to.

Welcome.

This term we welcomed Mrs Andrews who joined the team as the new Admin Officer. Many of you might recognise her as she has joined us from Ysgol Harri Tudur, where she worked in Reception.

Pembrokeshire Road Safety

All of the pupils from Year 1 have been learning how to become safer pedestrians this term, under the watchful eye of the instructors from Kerbcraft. In all weather conditions they have been learning about how and when it is safe to cross the road. Well done all and always remember to follow the Highway Code.

Weather

It has been a challenging winter for us in regards to the high number of extreme weather events that have hit West Wales. High winds and heavy rain have on many occasions caused the pupils to remain inside during the day and after school sporting activities have had to be postponed because of this. However, when there was a break in the rain and the sun did shine it has been wonderful to see the pupils playing so well with each other, using the skipping ropes and footballs that were purchased with the support of the funds raised by the Friends of Lamphey Primary School.

We did however, nearly have a snow day on the 18th January, when we had a very brief artic blast. The pupils who did manage to brave the elements and come to school had a wonderful day playing with their friends, making snow angels, snowmen and having snowball fights with the staff!

Energy Warriors Project

Dosbarth Amroth who have been working alongside Jen from Egni Coop and Sian Lester, an artist in residence, celebrated their work on the importance of renewable energy by inviting the community to



attend an exhibition which showcased their work. The exhibition was a great success with many positive comments being received from those who attended. As part of this project the pupils designed and made wind turbines, created enough energy to run a pedal-powered disco for the junior classes and also worked alongside Tata Steel, Pembrokeshire Coastal Forum, Swansea University and other primary schools from across Wales. This was an outstanding project with many STEM skills being learnt by all those involved.

Friends of Lamphey Primary School.



A huge thank you to the Friends of Lamphey Primary School who have been very proactive planning numerous fund raising and social based events which will take place over the next few months. During the Christmas period they organised a very successful bingo event, which was held at the wonderful Dewslake Farm Campsite. We are now all looking forward to the quiz night, which is to be held at Pembroke Rugby Club on the 7th March commencing at 7.30pm. Please come along and support this event. It would be great to see some new faces.

Hogspital visit.

Swanlake and Barafundle classes enjoyed a visit from Jenny and her hedgehogs from Pembrokeshire Hogspital. The pupils learnt so many facts about hedgehogs and had a wonderful morning. Jenny was very grateful for all of the donations towards this charity.



Music.

Dosbart Skrinkle and Amroth celebrated Dydd Miwsig Cymru at the Queens Hall, Narberth, where they thoroughly enjoyed the live gig performed by the Welsh band,

'Candelas' followed by a disco by DJ Daf. They all sang their hearts out, danced and even collected some autographs.



Congratulations to the children who sang at St David's Cathedral to record a song to celebrate St David's Day in partnership with the Welsh National Opera Orchestra. Over 12,000 children from across Wales took part to produce this wonderful harmonious recording, which can be viewed on YouTube Sing Together/ Pawb I Ganu'n Un.

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Dougie, Mia, Eva, Chloe, Holly, Layla, Darcy and Isla all performed in the Valero music festival held in Haverfordwest this term. They all did themselves and the school proud. Special mentions to Layla, Darcy and Eva who came highly commended and Mia who gained silver in her event. Huge thanks to Mrs R. Richards who works so hard to help these pupils achieve their potential.

Football

The football teams have had another busy season competing in numerous tournaments and festivals across the county. 14 boys and girls participated and all performed to the highest level. Well done.



Social Action Project.

The Year 6 Pupil School Councillors and Pupil Ambassadors have been working with other pupils from across schools in the Pembroke area to develop strategies to inform dog owners of the problem of dog fouling around schools, playing fields and on pavements. The children of Lamphey School have been very proactive and have worked alongside Lamphey Community Council in the installation of signs to remind dog owners of their responsibilities, spoken on Radio Pembrokeshire to raise their concerns and produced an information video which will be shared online.

Information and dates

Due to the building works being undertaken on the school grounds there is limited parking around the school. Please consider parking at the Village Hall.

7th March – World Book Day. Quiz Night W/C 11th March Parent/Teacher meetings 15th March – Red Nose Day 25th March – 5th April - Easter Break 8th April – Directed Day (School Closed) 9th April – Pupils back in school.

For more information and dates please visit our website. https://www.lampheyschool.co.uk/



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Family of Schools

Pembroke Dock Community School





Lower Treginnis Farm - Year 6 Residential Trip Review

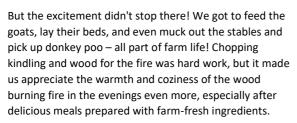
I recently had the incredible opportunity to embark on a five-day adventure at Lower Treginnis Farm for our Year 6 residential trip, and let me tell you, it was nothing short of amazing!



One of the highlights of our trip was witnessing the miracle of life as we saw lambs being born. It was a breathtaking experience, and being able to assist in checking the ewes and their new-born lambs was both educational and heart-warming.



Feeding the pigs and seeing the adorable piglets scampering around was another highlight. We also had the chance to hold fluffy chicks and collect freshly laid eggs from the chicken coop, which was such a fun and memorable experience.







The coastal path walks offered incredible views of the sea and countryside, and walking and grooming the donkeys was a unique and enjoyable experience. Gardening activities like watering plants, planting potatoes and vegetables, and picking leeks taught us valuable lessons about sustainability and where our food comes from. And let's not forget about 'feeding the dragon' – the heat composter – even if it was a bit smelly!





We also tried our hand at baking, making delicious bread and jam tarts from scratch – a tasty reward for all our hard work! After a hard day's work between all the farm chores and activities, we had a blast playing games like bingo and beat the teachers, where we ended up with a 3:1 win! These moments of laughter and friendship added to the amazing memories we made during our time at Lower Treginnis Farm.

Overall, our five days at Lower Treginnis Farm were filled with unforgettable experiences and valuable life lessons. It was a journey of discovery, adventure, and friendship that will stay with us forever. Thank you to all the staff and organisers for making this trip truly incredible.



Community News

International Women's Day Assembly

Henry Tudor School marked International Women's Day on March 8th by holding a girls only assembly. Four female members of staff chose a woman who has been highly successful in their chosen field. The most important message the girls could take from the assembly was that women can achieve anything!

By Lily – Year 6, PDCS

Brigadier Jo Bowen

Jo Bowen studied Law at Southampton University and Chester Law School before commissioning into the Army Legal Service in 1996. In 2001, she attended Nottingham University where she was awarded a Distinction in International Criminal Justice and the Law of Armed Conflict. She has worked her way up through the ranks, serving as a Captain, a Major, a Lieutenant Colonel, and a Colonel, prior to her promotion to Brigadier. in the role of Head of Operational Law.

She has been posted to many places including Iraq and Afghanistan. She has advised and led change in relation to many legal aspects of military operations. Throughout her career in the military she has commanded both men and women. In her words these are her main achievements and her tips for success,

Jo's top achievements:

1992 3 month horse ride with 2 others 1500 miles across Patagonia - no mobiles, no tents, nor proper camping gear!

2005 Awarded NATO Meritorious Service Medal

2011 Publishing JDP1-10 - now a world leading doctrine on Captured Persons.

2024 Promotion to Brigadier

- Tips for success:

 Determination don't give in, pick yourself up and move on Hard work
 Resilience mental to overcome challenges
 Be yourself don't try to be someone you are not.
- Enjoy what you do



Mrs Andrews

Brigadier Jo Bowen

Currently serving as a high ranking Officer in HM Forces

She is one of a few women to have successfully reached this rank.





Alice Makin

I am the Project Commercial Leader working for a Tier One global construction company. My current project is a train and maintenance facility in the south-west suburbs of Melbourne, it has a value of \$250 million and is built over a course of 3 years. My role is to manage that \$250m value and ultimately (alongside my Project Leader) I am accountable for how that cost is spent and the margin. I have a team of seven people who directly report into me and who I directly manage.

I never thought in my wildest dreams I would be the Commercial Leader of a Project of this size at the age of 30! I could honestly say a turning point for me was when I started to believe I could do it, gaining confidence and self-belief is my most regular demon. School was an academic struggle for me and I am quite heavily dyslexic, but I managed to scrape by with grades that got me into Nottingham Trent University. I have since university worked hard to where I am today in my career, but more so on self-worth and self-belief. As soon as I accepted that I was the biggest blocker in my career then things started to excel quicker for me, after all there are so many people out there wanting to pull you down so why be one of them.

I have now been working for this same company for 8 years, working in construction comes with its pros and cons depending on the individual. I have moved to 5 different cities for work to progress my career: Oxford, Bristol, London, Sydney and Melbourne. So, I have had to sacrifice stability in my lifestyle to continue growing in my profession, but that's not to say I have lived in some beautiful cities (but they are far from home). If I could advise the younger me again I would say to her "Challenge anything you don't understand and challenge it again until you do. Don't settle on a person just cause they speak the loudest, and you have your work cut out for you if you ever have to manage a construction individual with an ego and a title."

Mrs Sutton

Alice Makin MRICS

Commercial Manager

South Eastern Program Alliance

Laing O'Rourke Construction Australia





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Dame Jessica Ennis Hill



- 2012 Olympic Champion
 3 time World Champion
 European Champion
 Resilience bounce back from
- injury Switched her take-off leg World Champion, 13 months after birth of her first child
- Won first World Title while on her
- period Committed to promoting effects of menstrual cycles/perimenopause on training and performance

Mrs McMillan

Extraordinary in the 'ordinary'... Women can and do support other women everyday, empowering and enabling them to do even everyday things, that can lead to anything!

- · 'Girls', 'Babies', 'School mums' whatsapp groups
 - Advice, reassurance, recommendations, encouragement, celebrate.
- Mum (aunty, nan, neighbour)
 - Set examples, balance family and work, study.
- Colleagues
 - Support, aspiration.
- Role models



Miss Morgan

Laura Bates Author; Speaker and Activist

- "Women who lead, read"
- Laura Bates, Everyday Sexism



Laura Bates

Founder of the everyday sexism project Laura has written excellent educational books about the pressure that is put on women and girls and how it is okay to take up space as a female and to say no and to be empowered. Laura is a feminist, as am I and through reading and listening to Laura's work I have come to realise feminism is about empowerment and being whatever we want to be as women. We can compete in male dominated arenas. We can be building site Managers and work as engineers, we can pick up a trade And become a plumber or mechanic. We are allowed to exist and thrive and To show that we are strong and capable.







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Attendance Matters!

Many thanks to parents and learners for high levels of attendance throughout the last term. December and January are always quite challenging months with regards seasonal ill health and holiday requests but I am incredibly impressed by how most learners either maintained high attendance or recovered from short term absenteeism at this time; da iawn chi! The school values and respects learners' own efforts in minimising absences and thanks parents for their support in encouraging high attendance and for contacting the school whenever an absence is unavoidable.

With regards individual year groups, I must congratulate Year 11 who demonstrated excellent attendance during the first Spring half-term during their mock examinations. It was clear evidence that almost every learner can attend when faced with assessments and exams. It is important to note of course, that every day's attendance for Year 11 now has added value in the run up to their examinations and every lesson of every day counts, as it does of course in every year group. The higher Year 11's attendance during the next half term, the higher their individual potential for success. The school asks every Year 11 learner, and their parents/carers, to ensure that they attend the maximum possible school sessions over this incredibly important period, whilst also making every attempt to attend the various revision sessions led by staff after school.

Whilst we recognise and celebrate learners' commitment and resilience in attendance across all year groups (as we have again done this week), we equally try to support those learners whose absences are becoming a cause for concern; not with the intent to chastise or rebuke, but in order that we can better understand particular learners' needs or barriers to better attendance faced by some learners and their families. We understand that some learners face anxiety with regards attendance, however where learners miss school due to feeling anxious, that can actually become a vicious circle as the

longer they are away, the more anxious they become about returning, due to the possible impact of absence on their interaction with friends and on missed work. The school would like to remind learners, parents and carers that we have excellent support for learners who may feel this way and we urge parents to speak to Mentors in the first instance about possible pastoral support, ELSA access or referral to the School Counsellor via Ms Emily Morgan.

Our Attendance Clinics have moved to telephone contact for initial attendance reviews (Letter2A) to aid better parental engagement with significant success thus far, but they remain in-person meetings on alternate Tuesdays with senior staff where worsening absences are noted (Letter 2B) as an indication of escalated importance. The school does not make the decision to refer learners to the Education Welfare Service lightly, instead we prefer to engage with parents constructively at the Attendance Clinic meetings; nevertheless, in the best interests of learners, we must follow local authority and national guidance where increasing absences cannot be authorised or parents elect to disengage with the school by missing meetings.

One increasing cause for concern is learners arriving late to school. Where learners attend late they may miss their AM attendance mark and therefore may still be legally classed as absent until the Lesson 4 PM attendance session. Therefore, can I respectfully request that parents/carers ensure their children are in school for the start of the school day. Poor punctuality immediately places learners at a disadvantage and lessens the value of school in learners' minds if persistent, leading to increased disengagement on the part of learners. I would also urge parents to support the school's message that learners should arrive at classes promptly within the school day and not socialise with friends beyond the start of lessons in corridors. Whilst staff regularly encourage learners into classes, a small minority of learners in all years intentionally delay their arrival. Late arrivals impact everyone in affected classes and we ask parents at home to reinforce and support good discipline and punctuality in this respect as internal truancy will not be tolerated.

As the summer term draws near, Year 11, 12 and 13 will enter their exam periods. These different years will have varied examination schedules and Year 12 are reminded that unlike Years 11 and 13, they return to school in June for the continuation of lessons up until the end of the school year. I know that staff responsible for leading these years will be communicating instructions, advice and guidance in the coming weeks and I ask that parents/carers ensure they discuss them with learners in detail, especially with regards exam attendance and appropriate resources. With regards the Summer, it is the time during which we receive the largest number of requests for holidays during term time. We would like to remind parents and carers that these requests are only authorised in exceptional circumstances. We would also like to remind parents and carers that accurate information should be given regarding absence and the school takes a dim view of parents calling in to give notice of a learners' medical absence when the family is actually abroad on holiday, as has been the case on more than one occasion recently. We may not be able to authorise an in-term holiday request, but we do ask that parents are open and honest.

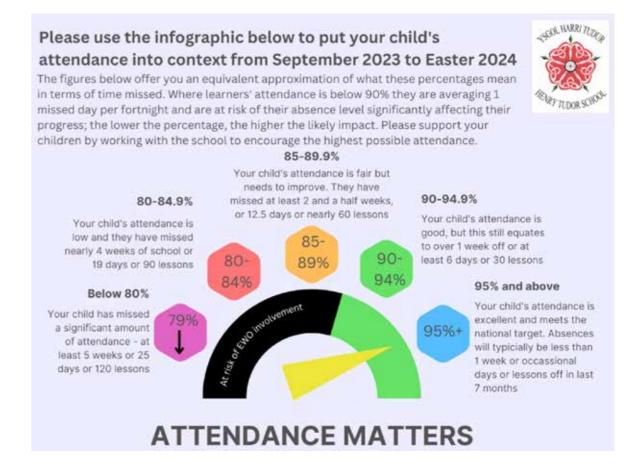
Finally, I would like to remind all parents/carers of the

need to support medical appointments by sending in copies of hospital, dental or opticians (etc) appointment letters or even photos of prescribed medications. We also have an arrangement with St Oswald's / Argyle Street surgeries enabling parents or learners to request a confirmation card from their receptionists which will simply record the date & time of pupils' GP appointments for ease of reference. We ask for this information to support absences which can easily be evidenced in order to prevent the unnecessary sending of Attendance Clinic letters. We welcome them for all absence for which they can be provided, but especially those which result in extended learner absence. Photos or scans of the above can be simply emailed to attendance@yht.wales, alternatively paper copies can be left at the school's Reception.

I hope all parents and learners enjoy a peaceful and relaxing Easter and, in the hope that the sunshine will be a little more present when we return in April..

Diolch I chi am eich cefnogaeth barhaus / thank you very much for your ongoing support.

Mr. J. Jones, Assistant Headteacher.



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IT

In this section we have information to help you keep your child safe on the internet and understand what they are able to access this issue we ask the question "what is Doxxing?"

Do you know what it is? Click on the link to find out more

https://www.internetmatters.org/hub/news-blogs/what-is-doxxing-and-how-can-you-keep-your-child-safe/

Breakfast Club

School has commenced a Breakfast Club (toast and spreads) within Main School from Mon 29 Jan 24, held between 0830 to 0845 hrs in the Refectory. This is now open to all year groups and is free. This follows success with a Tesco Small Grants submission and generous donations from Pembroke and Pembroke Dock Lions, Morgan Sindell construction and Valero. The club will run to the end of the summer term, to include provision on all exam days (GCSE and 6th Form).

Through this funding we have been able to buy 2 'commercial' rotary toasters. Not all learners will necessarily be able to access the Refectory over this time, so the Phoenix Centre, SLC and LRC have also been given funds to buy breakfast items for learners. Previously the generosity of staff has provided this; we are delighted to be able to support a much needed requirement through eternal

grants. School is also registered with the 'Neighbourly' charity excess food scheme with Pembroke Dock Lidl and just before Christmas received trays of cakes and other goodies. Hopefully we will receive further items in the future.

We hope this club will help address learner hunger in the morning and assist all with their studies and academic success, especially for those taking exam.

Staff News

We are sad to say goodbye to the following staff who are leaving us this term, we thank them for their hard work and wish them well for their new future.

Mr L Murray - Caretaker

We are excited to wish these members of staff good luck in their new roles in Henry Tudor school.

Ms L Kitts – Receptionist
Ms G Powell - LSA
Ms C Sunter – Cover Supervisor



Ysgol Harri Tudur / Henry Tudor School



GOVERNING BODY

COMMUNITY GOVERNORS
Ms D Bush
Mrs S Elliott Chair
Mrs E Taylor Vice Chair
Mrs P Thomas
HEADTEACHER REPRESENTATIVE
Mrs F Kite
LA REPRESENTATIVE
Mrs S Fletcher
Cllr T Hodgson
Mrs K Lee
Mr A McNaughton
Mr T Payne
PARENTAL REPRESENTATIVE
Miss L Cawley
Mr S Lowdell
Mr L Pitt
Mrs E Small
TEACHER REPRESENTATIVE
Ms B Merritt
Mrs E Sutton
NON-TEACHING REPRESENTATIVE
Mr R Harries
ASSOCIATE PUPIL GOVERNORS
To Be Confirmed

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Ysgol Harri Tudur / Henry Tudor School

Please find below a simple illustrative guide to the school uniform. Almost all uniform items below are available from supermarket uniform ranges, in addition to official stockists. Embroidered items only available via Tees R Us or school uniform shop are identified with an *. Tees R Us price lists are avialble via their website. The school shop also maintains a stock of new & good quality pre-worn uniform.

Our core uniform: Embroidered items are limited to compulsory School Blazer and coloured Year tie

















Skirt: Plain black knee length for All Year Groups 7-11 | Long/short sleeve Smart, no leans | Yrs8-11, new plaid style* for Yr7

Sweater (Optional)

(Plain black)

Plain Black Shoes Smart and polishable

Year ties are compulsory uniform items



School Ties* are in Year colour and embroidered with school badge - available only through Tees R Us and the School Uniform Shop. Please choose shirts that have a top button and ensure a generous collar size for comfort and growth.



Grey 6th Grey 6th Form V Neck Jumper* or Cardigan* with school badge

School blazers are not compulsory in the 6 Form, though 6 Formers may choose to wear them. White shirts, plain black trousers and skirts are worn as in other years. Footwear should be smart and professional.

Sports Kit for all PE lessons and fixtures



PE Top'





Shirt





PF Shorts



PF Top*



Sports Top

Girls 1/4 Zip Girls Printed

Leggings*

Important Notes: Trousers and skirts should be traditional uniform style as sold in uniform stockists and supermarkets for school uniform purposes (no jeans, rips or lycra). <u>All skirts</u> must be worn at an appropriate length. The new Year 7 grey plaid skirt is available on a buy one, get one free promotion through **Tees R Us**. Make-up is not permitted in Years 7-9, discrete make-up is acceptable in Years 10-13. Jewellry is not encouraged; earings should be stud or small hoops only, hairstyles and accessories should avoid extremes of fashion. Shoes should be plain black, smart and polishable e.g. sports or casual trainers such as 'Vans' are not permitted.

Dates for your Diary

Last day of Spring Term for Learners 22/03/24

PCC designated inset day. 08/04/24

09/04/24 **Summer Term begins for Learners.**

11/04/24 **Year 8 Options Evening**

Bank Holiday 06/05/24

24/05/24 **Half Term**